

# INTRODUCTION TO THE WORLD OF PRODUCTIVITY. ORGANIZE YOURSELF.


free, unplanned time




everyday distraction e.g. social media, tv, kitten pics, shopping, movies etc.



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You're running out of time 

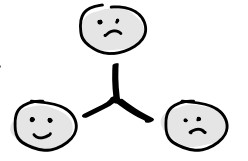
 90 years = only 4680 weeks (!)

2 Being productive means that you get rid of things like:

time-consuming work with no possibilities of self-development



poor quality relations



~~BAD~~ habits

weak finance management

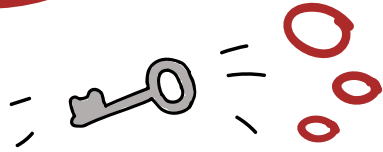


mind overload - when you feel, your life is not under control



3 Why is it important to be productive?

“productivity is the golden key in managing our most precious resource time”



- By taking control over your time, you gain better control over every other aspect of your life because they depend on it.
- You probably won't just pass.
- We can do a lot more things, or do them better and faster.